

## April 10<sup>th</sup> | 4:30-5:30<sub>pm</sub>

## Avoid the Pitfalls of Senior Health Care & Senior Housing

Understand the options in the senior health care arena. The topics of senior care and alternative housing are not popular ones. But many find themselves in a critical situation where a decision must be made, and they regret that decision. Get all the facts and information, even a brief understanding of these things will help greatly if you ever find yourself in one of these situations.

Julie, Regional Community Relations Director for Kingston Healthcare, will use her 22 years of knowledge to help.

- Learn common terminology
- Cost examples
- Different housing and service options
- Topics and opportunities to consider
- Things to help you and your family
- Common mistakes



Registration required, please sign up by scanning the code for the library calendar

**BROUGHT TO YOU BY** 

